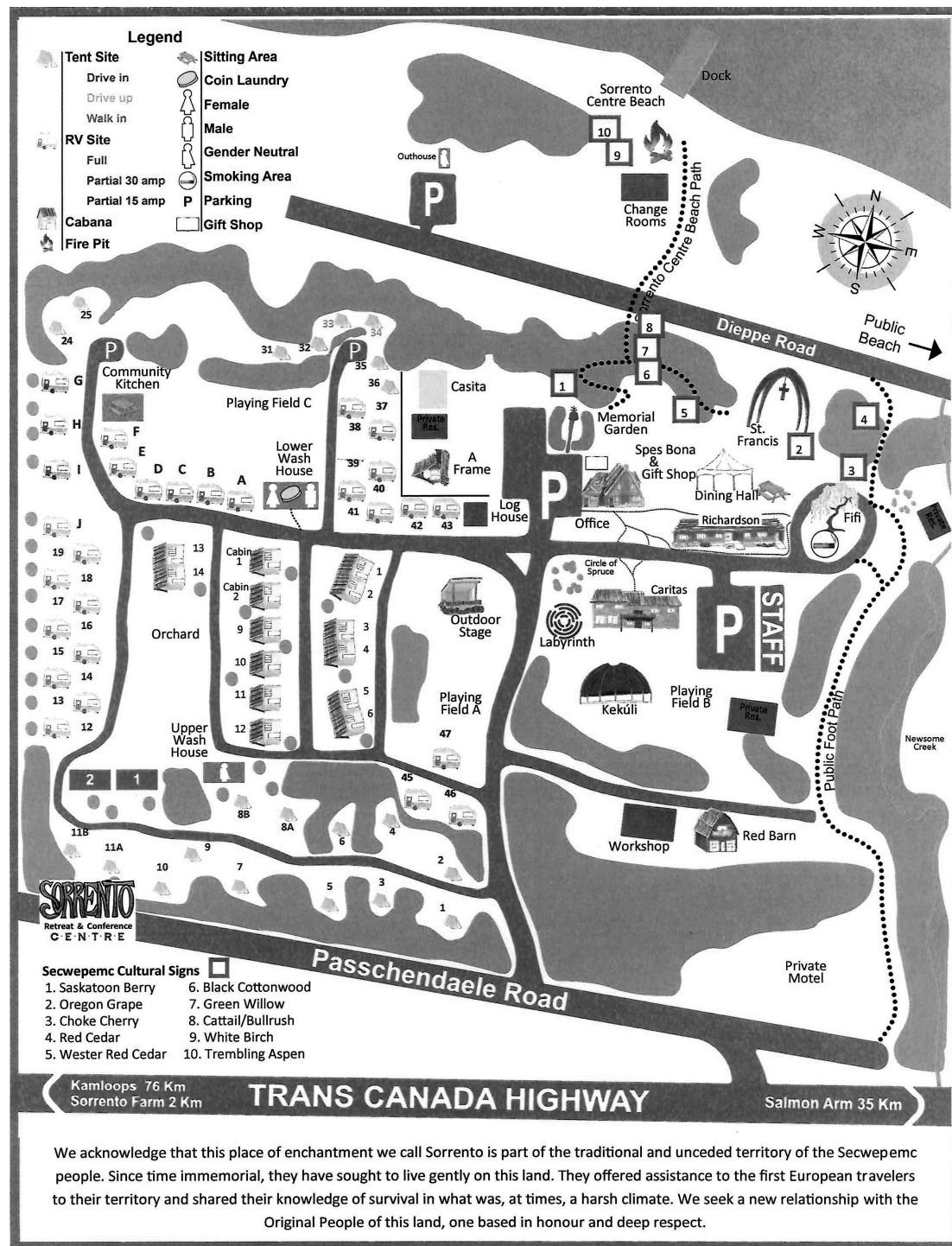




SWING WEST



JAZZ CAMP

July 19–25, 2026
Sorrento Centre

Welcome to the 1st Annual Swing West Jazz Camp!

Please take time to read through this information and become familiar with the site. If you have questions about the workshop or any of the activities, ask any of our staff.

Camp Manager	Kathy Francis
CM Assistant	Phil McIntye-Paul
Site Manager	Robert LeBlanc
Site Assistant	Jack Kennelly
Administration	Polly Wilson
Admin Assistant	Max Todd
Faculty Support/Roving Bass	Dan Smith
Technical Director	Bill Buckingham
Technical Assistant	Dwayne Morgan

Sunday Schedule

4:00 p.m.	Welcome and introductions in Kekuli Seminar Leader Presentations Final Sign Up for 9:00 a.m. seminars
6:00	Dinner Break Welcome BBQ (pre-ticketed)
8:00	Meet with your 9:00 a.m. Seminar Group
9:00	Structured Jams (<i>wrapping up by 10:30</i>) Slow Pitch Swing Jam Caritas Downstairs Standards for Vocalists Spes Bona Lounge Ukulele Jam Richardson Downstairs
9:00	<i>For new campers, please attend Getting the most out of Swing Camp, in Kekuli</i>

Bulletin Board: *There is a bulletin board on the Bell Tower in front of Spes Bona where you will find class and workshop locations. You can also post messages and announcements. Check it for daily program updates, announcements, and messages.*

Name Tags: *Please wear yours at all times!*
If you notice anyone on site without a name tag, please direct them to the Sorrento Centre office in Spes Bona.

Security: We cannot completely control traffic in and out of the site, so please keep your instruments and valuables secure and your vehicle locked. Look after your items, please.

Label your instrument cases and stands! It is too easy to pick up the wrong case.

Lost and Found: The lost and found box is in the Richardson Lodge Conference Room, on top of the piano. Check it, even if you’re sure you haven’t lost anything.

Morning Announcements: Each day, announcements of updated and important information will be posted at various locations around the site. Please take a few minutes to read them.

Meals: Name tags with coded color bars must be presented at every meal. Without it you will not be able to eat! Special menu options of vegetarian, gluten free, dairy free, nut free, and fish free are cooked to advance order and are available only for pre-registered guests.

Jamming: Please do not jam late at night in or around Richardson Lodge, Caritas, or Casita. These are residences for our staff and instructors. They need their sleep!

Out of Bounds Areas: Woodwork shops, private Sorrento staff residences, and the garbage/compost/recycling fenced area, ravine.

Photocopying: The photocopier in the Richardson Conference Room is for instructor and staff use. When campers need something printed, they fill out a requisition slip and put it in the **Camper’s In Basket** near the copier.

There is not a Luthier on site. If you are in need of strings, tuners, picks, or minor repairs, you can visit the friendly folk at Acorn Music in Salmon Arm. 250-832-8669

Sign up sheets will be posted on the windows outside the Photocopier Room (Richardson down). Bring a pencil and queue politely!

- Vocal Master Class Sign-up:** 8:00 Monday morning
- Sing at the Monday Dance Sign-up:** 8:00 Monday morning
- Sing at the Friday Dance Sign-up:** 8:00 Thursday morning

***It can't be said too often:
PUT YOUR NAME ON THE FRONT OF THIS BOOKLET.***

Meals:
If you have paid for meals you must *wear your name tag* in order to be served.
All campers are welcome to eat in the dining hall, the company is great.

Email/Internet:
To access the wireless host, join the guest network; password is: *belonging*

Sidewalk Sale: you can purchase CDs and other products directly from instructors any time—just ask, or stop by the dining area *Sidewalk Sale* on Thursday from 12:30 to 1:45 pm.

Smoking and Vaping: Please smoke and vape in the designated area only, (tree east of the kitchen), and use the cans provided for the disposal of butts. Do not smoke anywhere else including in classes, in or near jams, near doorways, inside buildings, on the campground, or on the beach.

Cabanas and Campgrounds: We ask our cabana visitors to adopt a tree at your cabana by giving it drinks of water. We also ask everyone to please leave the area around your campsite or cabana neat and tidy when you depart.

Fridges: Available in the screened Community Kitchen shelter for cabana, trailer, and campground guests. Please label your food. Fridges will be cleaned on Saturday morning; please remove your food by 9:00 am.

Ice: Purchase a ticket from the office and pick up ice in the dining room outside of meal service times.

Phone messages: Check the bulletin board on the bell tower outside Spes Bona.

Garbage and Recycling Collection areas

**Outside upper & lower wash houses
In gathering areas of conference rooms**

- GREY** containers: garbage
- BLUE** containers: recyclables: mixed paper, plastics, cardboard
- GREEN** containers: refundables; bottles, can, beer, wine bottles

FIRE, MEDICAL, OR POLICE EMERGENCY: CALL 911
Sorrento Centre's address is 1159 Passchendaele Road, Sorrento
In the event of a fire or general emergency, the bell outside Spes Bona will be rung continuously. All participants and staff are to leave the buildings immediately and proceed directly to the marshalling area at the bandstand.
If you discover a fire, first warn the people in the building, call 911, then notify staff.
After Hours Support or Maintenance, call (250) 675-3032.
Lodge guests: please take time to review the fire exit plan in your room.

Waterfront: There are no lifeguards on duty at the beach, so we ask that you go swimming with a buddy. Please swim within the designated area and please do not swim after dark. In the past, there have been duck mites in the lake. We recommend that swimmers use sunscreen and take a shower after swimming. Please also remember to bring drinking water and a hat.

First Aid: If an emergency occurs that requires outside personnel, (Ambulance, Police, Fire), call 911, then notify staff. For non-emergency assistance, please go to the Sorrento Centre Office. If you require assistance after office hours, call (250) 675-3032. First aid kits are located in Spes Bona, Richardson Lodge, and Caritas. There is an AED in Spes Bona.

Showering: All of us are asked to be conservative in the use of water.

The Meditation Walk, beach trail, and forests: Sorrento Centre has a variety of nature landscapes, including forests, creeks and wetlands. Please help us preserve these areas by keeping to the paths. These trails are for foot traffic only. Please do not smoke or vape in these areas.

Apple Trees: There are several apple trees on site, including in the main orchard area behind the new cabanas. We ask that you do not climb them. Please pick up apples that drop around your cabana to discourage wasps.

Surely it is too soon to think about Saturday Morning, but...

For those of you who have paid for meals, breakfast will be available from 7:00 – 9:30 a.m. You will need to be out of your accommodation by 10:00 a.m. Please return dishes to the kitchen and assist staff by picking up garbage. Please plan on leaving by noon.

Early Morning Seminars
Mon-Fri
9:00 – 10:30

Basic Swing Guitar Kristina Olsen	Rhythm n’ Chords Julian Smedley	Inter-mediate Soloing Joe Vinikow	Chord & Scale Rundown Mike Rud	Arranging for Solo Guitar Itamar Erez	Improve Your Improvising Bill Coon	Jazz Ukulele Guido Heistek	Bass Explorations Rene Worst/ Jake McIn-tyre-Paul	Swing Piano Cindy Fairbank	Woodwind & Brass Workshop Tom Keenlyside	Percussion Phil Belanger	Effortless Phrasing Diane Nalini	Jazz Singers Toolkit Jennifer Scott	The Creative Music Chef Karin Plato	Harmony Building Blocks Matt Smith
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Late Morning Seminars
Mon-Fri
11:00 – 12:15

Swing & Beyond Jazz Choir Brian Tate	Swing Blues Workshop Rueben Gurr	Intermediate/Advanced Woodwind & Brass Workshop Tom Keenlyside	Introduction to Lindy Hop Toby Chernoff & Tanya Lewis	Free Time <i>What a concept — you can’t do it all! Practice, swim, jam, visit, nap, take it easy!</i>
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Lunch 12:30 – 1:30 1:15 Band Lab Tunes are previewed in Richardson down (the copy room)

Sidewalk Sale
12:30 –1:45

Early Afternoon Seminars
Mon-Fri
2:00 – 3:00

MONDAY 1. Paul Chambers Plays the Blues Jake McIntyre-Paul 2. Alexander Technique Guido Heistek 3. Art of the Jam Session Mike Rud 4. Get More out of Practice Bill Coon 5. The Magic of Dynamics Matt Smith 6. Vocal Master Class Jen, Diane 7. Advanced Piano Cindy Fairbank	TUESDAY 1. Songwriter’s Took Kit Pt. 1 Joe Vinikow 2. Making Odd Meters Groove Itamar Erez 3. Vocal Improvisation Jennifer Scott 4. Beginner Soloing Rueben Gurr 5. Ukulele Band Guido Heistek 6. Vocal Master Class Matt, Julian	WEDNESDAY 1. Songwriter’s Tool Kit Pt. 2 Joe Vinikow 2. Improvising Using Rhythms Mike Rud 3. “Misty” by Ear on Ukulele Diane Nalini 4. Tailored and Altered Pt. 1 Julian Smedley 5. Notation , Time Signatures & Count-ins Phil Belanger 6. Vocal Master Class Brian, Karin 7. Advanced Piano Cindy Fairbank	THURSDAY 1. Roll of the Dice Songwriting Kristina Olsen 2. Solo Guitar Arranging Bill Coon 3. By the Heart Karin Plato 4. Tailored and Altered Pt. 2 Julian Smedley 5. Vocal Master Class Diane, Jen 6. The Natural History of Sorrento Centre Ken Lertzman	FRIDAY 1. Arranging for Songwriters Kristina Olsen 2. Fretboard Geometry Itamar Erez 3. Understanding Rhythm and Pulse Phil Belanger 4. Beginning Soloing Rueben Gurr 5. Amazing Phrasing Brian Tate 6. Vocal Master Class Karin, Matt 7. Advanced Piano Cindy Fairbank
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Meet the SWJS Board!
Find out how it took a village to make one Rosemary!
3:00pm

Late Afternoon Seminars
Mon-Fri
4:00 – 5:30

Band Lab (usually until 6 p.m.)	Band Lab Choir (usually until 6 p.m.) Mon. Brian Tues. Karin Wed. Jen Thurs. Matt Fri. Diane	How to Work Through a Chart Mon. Julian Tues. Bill Wed. Itamar Thurs. Joe Fri. Mike	East Coast Swing Toby Chernoff & Tanya Lewis
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Dinner 6:00 – 7:00

Evening Programs

SUNDAY 4:00 Welcome & Introductions 6:00 Dinner Break on your own or Ticketed BBQ 8:00 – 8:45 Meet your seminar leaders 9:00 JAMS 1. Slow Pitch Jam: Kristina, Bill, Dan 2. Standards for Vocalists: Mike, Matt, Diane, Jake, Cindy 3. Ukulele Jam: Guido, Karin 9:00 New Campers Meeting	MONDAY 7:30 Swing Dance!	TUESDAY 7:30 – ??? Instructor Concert!	WEDNESDAY 7:30 – 9:30 Jams 1. Slow Pitch: Rueben, Karin, Dan 2. Latin: Itamar, Jen, Phil, Tom, Jake 3. Favourite Standards: Matt, Mike, Cindy, Diane 4. Western Swing: Julian, Joe, Kristina 5. Drive Through Instrumental Master Class: Bill Coon	THURSDAY 7:30 – ??? Student Concert!	FRIDAY 7:30 Swing Dance! 7:30 – 9:30 Accoustic Coffee House
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AFTERNOON WORKSHOPS

Daily

Vocal Master Class Each day in the 2:00 time slot, two of our excellent vocal instructors will conduct master classes. This is limited to eight singers each day. A sign-up sheet will be posted on Monday morning. Bring a chart of your song. One of the instructors will play, or you can accompany yourself. You will sing through your piece, the instructors will give feedback and make suggestions, you will sing your piece again. It is a very supportive environment, with much to be learned, whether you are singing, or observing.

Monday, Wednesday, Friday

Cindy Fairbank Intermediate/Advanced Piano MWF This is a special class offered Monday, Wednesday, and Friday afternoons. As in the morning class, we will tailor the material to fit the levels of the players, so expect to dive into soloing over changes, left hand stride and boogie woogie patterns, and all that really fun stuff!

Monday

Jake McIntyre-Paul, Paul Chambers Plays the Blues: In this workshop we will be breaking down one of Paul Chambers great bass solos on the blues and taking a look at how we can apply our findings to our own jazz vocabulary. Paul Chambers subtle, rhythmic approach to improvisation is an excellent point of entry for bassists (and other instrumentalists) looking to learn bebop language. Open to all instruments including vocalists, ability to read bass and/or treble clef will be an asset but not necessarily a prerequisite.

Guido Heistek, Alexander Technique: Learn how awareness in movement can help improve your musical performance and enjoyment, as well as reduce strain and help avoid injury.

Mike Rud, Art of the Jam Session: Jam sessions are at the heart of our development as players. But they come with hazards. On the musical side, there are common tunes to master, and little protocols for initiating them, moving from one section to the next, and so on. On the interpersonal side however, jam sessions offer dangerous opportunities to give offence or to make others feel slighted. It's a sticky wicket, one that Mike will help you to unstick. Come see how to get past some common missteps, and uncover the deep fun that awaits you down at the jam session!

Bill Coon, Get More out of Practice: How to get more out of your jazz guitar practice sessions: warm up ideas, how to improve your focus, different approaches to using a metronome, backing tracks tips and more!

Matt Smith: The Magic of Dynamics: In this workshop, we will explore some of the ways that dynamic variation (loudness/softness) can be woven into your music to add texture, interest and excitement. We'll go over the basics of what dynamics are, how they work and how they can be applied to a variety of musical scenarios. We'll listen to some examples of how dynamics are utilized by great musicians, and we'll experiment with these techniques together. While our examples and demonstrations will be primarily geared toward singing, this workshop is open to both vocalists and instrumentalists.

Tuesday

Joe Vinikow, Songwriter's Toolkit, Pt 1: See how melodic, rhythmic, harmonic, and lyrical hooks can make your songs more memorable and expressive. Aspiring to experienced songwriters are all welcome, and those simply curious about the creative process. Bring a song for feedback if you like, as time permits.

Itamar Erez, Making Odd Meters Groove: In this workshop, we'll explore how to make odd time signatures like 5/8 and 7/8 feel more natural, groovy, and musical.

Jennifer Scott, Vocal Improvisation: What syllables to use, how to form creative, musical ideas, note & scale choices - all things to consider when diving into the world of vocal improvisation! We'll do some group improv & trading of phrases to learn how to construct a great improvised solo on the spot! Great for the singer who has been afraid to 'give it a try!'

Rueben Gurr, Beginner Soloing, Pt 1: How to build Tension in a phrase. Very simple Wes Montgomery, Jim Hall & Pat Martino lix in easily remembered shapes to play over a V chord that acts as a starting point.

Guido Heistek, Ukulele Band: Songs will be arranged in parts, including bass lines (for uke), chords, melody and harmony. Experience the thrill of hearing all the parts work together! There will be opportunities for singing, improvisation and soloing! This class will be light-hearted but demanding. If you consider yourself a beginner but feel up for the challenge, feel free to give it a try! Some knowledge

of tablature will be very helpful. Materials will be provided in GCEA tuning. (Intermediate/Advanced)

Wednesday

Joe Vinikow, Songwriter's Toolkit, Pt 2: A continuation from Tuesday's class. See how melodic, rhythmic, harmonic, and lyrical hooks can make your songs more memorable and expressive.

Mike Rud, Improvising Using Rhythms: As soloists, we often worry about what notes and what chords to play, but even if these tools are all well-in-hand, the aspiring improviser still has other tools with which to shape their special statements. This course offers a one-two punch of how to read basic rhythms, and how to use those rhythms to tell a better story. We'll play a bit in this one, so bring your instrument or voice!

Diane Nalini, "Misty" By Ear on ukulele: For this workshop, we'll put aside the Real Book and work out "Misty" from scratch, using only Erroll Garner's recording as our guide. We'll focus on using our ears as our guide to work out the chords on ukulele and we'll even begin to develop a chord melody arrangement. We'll work through the 'A' sections and maybe even the bridge too, time permitting. Guitarists are welcome although instruction will be on ukulele.

Julian Smedley, Tailored and Altered, Pt 1: (Level-Advanced) On the shoulders of jazz greats like Freddie Hubbard, Bill Evans, Joe Pass and Zoot Sims we'll construct riffs, tailored for the violin over common jazz chord progressions. Part 1: using the 4 triad types as our base, we'll add notes, re-spell chords and explore riffing over altered chord progressions.

Phil Belanger, Notation, Time Signatures, and Count-ins: We will look at all 3 subjects and attempt to clear up any confusion or questions !

Thursday

Kristina Olsen, Roll of the Dice songwriting: Fun melody writing exercises starting from a random 'roll' to a created, curated melody with chords!

Bill Coon, Solo Guitar arranging: How to build a solo jazz guitar arrangement beginning with a lead sheet.

Karin Plato, By the Heart: This workshop focuses on memorizing songs, how to go about it and some of Karin's own tips and tricks.

Julian Smedley, Tailored and Altered, Pt 2: (Level- Advanced) On the shoulders of jazz greats like Freddie Hubbard, Bill Evans, Joe Pass and Zoot Sims we'll construct riffs, tailored for the violin over common jazz chord progressions. Part 2 extends the same premise as Part 1. There will be hand-outs and opportunities to play with an accompanist.

Ken Lertzman, The Natural History of Sorrento Centre: Ken will decode this incredible landscape.

Friday

Kristina Olsen, Arranging for Songwriters: Many songwriters have lovely words and melodies that are deadened by repetitive humdrum arrangements. In this class we'll look at ways to make your songs stand out and sparkle. Oriented mainly for guitarists, but all instruments are welcome.

Itamar Erez, Fretboard Geometry: Understanding intervals unlocks the logic behind the fretboard. In this workshop, we'll explore interval shapes across the guitar so you can see, hear, and navigate the instrument with greater clarity and freedom.

Phil Belanger, Understanding Rhythm & Pulse: Improve your time and feel for the most common swing, Latin , and pop feels by studying and playing rhythmic subdivisions, and how to feel the basic "pulse" of a song.

Rueben Gurr, Beginner Soloing, Pt 2: How to build forward movement on a I chord in easily remembered simple shapes. Wes, Parker, Hall, and Martino.

Brian Tate, Amazing Phrasing: Phrasing is what gives jazz its shape, line, and sense. It is one of the foremost creative tools for any jazz musician. Join vocalist Brian Tate in exploring what phrasing in jazz is all about. Learn to "back phrase," or sing just behind to beat to create an exciting sense of tension and release. Discover how to make the natural spoken phrases of a lyric work with the music. Explore how effective silence is when you leave space in a musical line. We will be singing selected standards collectively as well as "trading eights" so that everyone who wants to gets a chance to solo and experiment with their own phrasing ideas. No pressure (really!) and good time guaranteed.

What About Band Lab?

Some consider Band Lab to be the beating heart of Swing Camp. Here’s what you need to know in order to participate:

We’ll meet in Caritas downstairs at 4:00 p.m. Musicians will be divided into groups (combos) by the Band Lab Instructors. You will have a choice of two tunes to work on, and the instructors will perform the tunes in case they are not familiar to you. (The tunes will also be previewed in the Richardson down, the copy room, at 1:15 each day, which gives you a little more time to familiarize yourself.) As well as the two keys, there will also be lead sheets in the appropriate keys for Eb and Bb instruments. Vocalists will be added to combos based on what tune they have chosen to sing. Their vocal range will determine in which key your combo will be playing the tune.

Your group will find a spot nearby to practice your tune. Instructors will circulate to the groups to listen and offer helpful suggestions. At the end of the time all the groups will reconvene in Caritas and have the opportunity to perform their tune. You will be amazed at the richness of this experience as you hear many different interpretations of the same music.

But wait, there’s more — Answers to questions you might have:

Can I play or sing at the big band dances?

Yes! Students play in the Horn/Woodwinds section, the Shuswap Strings section, the Wall of Wood (guitars, ukuleles), and as singers. Students in the rhythm section (piano, bass) can also sign up. The band performs 2 sets, selected by the campers who wish to sing a song. Each song must be reviewed and approved by our Chart Queen, Julie Sakahara, (Monday afternoon for the Monday night dance, Thursday afternoon for the Friday night dance.) Sign ups for the dances will be posted on the copy room window on Monday and Thursday mornings.

How can I get involved in jamming with others?

We have planned for two evenings of “organized” jams, led by instructors. As well, informal jamming can be found around the site and usually you are invited to join in. If you haven’t experienced jamming, please consider attending The Art of the Jam Session workshop taught by Mike Rud on Monday afternoon.

What is Vocal Master Class and how do I participate?

Each day in the 2:00 time slot, two of our excellent vocal instructors will conduct master classes. This is limited to eight singers each day. A sign-up sheet will be posted on Monday morning. Bring a chart

Vocalists: You will need to decide BEFORE Band Lab which song you wish to sing, and what key is best for you, of the two keys presented. The charts will be available from the website, and also in the Photo-copier area each day. Each day at 1:15 an instructor (in the Richardson down/copy area) will preview each tune in both keys so you can learn the tune and find the key that’s best for your vocal range. Record the demonstration on your phone if that helps. You need to have that information before you go to Band Lab. One of the great things for vocalists about Band Lab is that you get to work up a tune with your band mates. This is not the place for divas; the magic of Band Lab is developing true collaboration within the combo.

Band Lab Choir: Vocalists who do not want to front a band can join the Band Lab Choir! Each day one of our wonderful Vocal Instructors will have a choral arrangement of one of the day’s songs. These arrangements are always spectacular, often unusual, and very fun to participate in.

of your song. One of the instructors will play, or you can accompany yourself. You will sing through your piece, the instructors will give feedback and make suggestions, you will sing your piece again. It is a very supportive environment, with much to be learned, whether you are singing, or observing.

Is there a student concert I can participate in?

The student concert on Thursday night is a highlight of the week. There will be 45 performances. If more than 45 sign up, the performers will be selected by lottery. You may appear once as the headliner and once as support for someone else. Practice to make sure your act goes no more than 5 minutes, including an introduction. The time will be strictly enforced!!

We encourage campers to combine efforts with other campers. Some may wish to have an instructor as accompanist, but we are hoping to give those hard-working folks the night off. If you don’t know which campers to ask, instructors can advise you.

There’s a “Coffee House” on Friday evening — if you missed out on the student concert or want a more intimate performance space, sign up for the Coffee House.

Handy Transposition Chart

	I	II	III	IV	V	VI	VII	VIII
	A	B	C#	D	E	F#	G#	A
◆	Bb	C	D	Eb	F	G	A	Bb
◆	C	D	E	F	G	A	B	C
	Db	Eb	F	Gb	Ab	Bb	C	Db
	D	E	F#	G	A	B	C#	D
◆	Eb	F	G	Ab	Bb	C	D	Eb
	E	F#	G#	A	B	C#	D#	E
◆	F	G	A	Bb	C	D	E	F
◆	G	A	B	C	D	E	F#	G
◆	Ab	Bb	C	Db	Eb	F	G	Ab

◆ Recommended keys for singers, especially if you enjoy playing with horn players. Note: the keys of B and F#/Gb are not included in this transposition chart.